



RPC Summer Newsletter



DR. FLAX IS RETIRING!

After 38 years Dr. Flax will be retiring from Roswell Pediatric Center. It's time to say goodbye and thank him for his years of dedication. We will be composing a **SURPRISE** book of memories and would like your help. If you have any funny stories, memories, or well wishes that you would like to contribute please feel free to drop off at any of our 3 locations or you may send an email to lea@roswellpediatrics.com by June 26th.

MAKE YOUR CHILD'S APPOINTMENT FOR SPORTS AND CAMP PHYSICALS TODAY...DON'T DELAY

Be safe this summer with these WATER SAFETY tips!



- NEVER leave children alone while near or in pools, wading pools or open bodies of water.
- Drowning is the leading cause of death among children, including infants and toddlers.
- Children can drown in even just one inch of water!
- Home swimming pools should be surrounded by a fence that prevents a child from getting to the pool from the house.
- The American Academy of Pediatrics recommends swimming lessons for most children at age 4.
- Even children who know how to swim should be supervised at all times.

WEAR YOUR SUNSCREEN

- Sunscreen helps protect your child's skin from sunburn and some skin cancers
- Use a sunscreen that is labeled "broad spectrum" with an SPF of at least 15.
- For sensitive areas of the body (nose, cheeks, tops of ears, shoulders) choose a sunscreen with zinc oxide or titanium dioxide.
- Use enough sunscreen to cover all exposed areas and rub it in well at least 15 minutes before going outdoors.
- Reapply sunscreen every 2 hours after swimming, sweating or drying off with a towel.
- You can get a sunburn on a cloudy day: up to 80% of the sun's UV rays can get through the clouds.
- Call our office if your child is <1 year old and gets sunburn or if your child is older and there is blistering of the skin or a fever. Otherwise offer water to rehydrate and apply cool rags to the affected skin.

Confused about your Health Insurance Coverage?

We are all aware of the increase in costs for health care services. Employers are offering their employees' health insurance coverage with higher deductibles. Several individuals are choosing health insurance with high deductibles through the government sponsored Affordable Care Act. We urge our families to familiarize themselves with the health insurance coverage they have in effect for their children.

Our Financial Policy is presented to all families at their first visit. It is signed by the child's parent/guardian prior to providing care to your child. An excerpt from this policy reads "**It is your responsibility to Pay your Co-Payment and/or any deductibles at each visit.**" Due to the large increase of families with high deductible health plans, effective January 2015, we have begun strictly enforcing the above policy.

If you are covered by a high deductible health plan and have not met your annual deductible, we will expect a \$50 payment towards that deductible at the time of service for all services except annual checkups. The \$50 payment will be applied to any deductible amount that is generated by your insurance carrier. In the event that your insurance carrier reimburses us, you will receive a refund from our office. If your insurance carrier indicates a balance above the \$50, we will bill you for the balance. Payment can be made by cash, check or credit card. We accept VISA, MasterCard, Discover and American Express.

If you have any questions about this policy, please contact our billing department.