



Spring 2018 Newsletter



Come party with us!!!!



RPC is turning 40!

Please join us in celebrating our 40th anniversary at the RPC Carnival Family Fun Day, April 28th from 2-5pm at our Cumming location.

Families will enjoy - Ice cream truck - Petting zoo - Carnival games - Fire truck - Photo booth - Pizza & Cupcakes - Music from a band and DJ. All proceeds from the cake walk and dunking booth will benefit CURE Childhood Cancer.



Sneezing & Wheezing

It's that time of year again...sunny days, flowers blooming...and Spring allergies with sneezing, stuffy or clear runny nose, itchy eyes, and cough. Try these prevention and environmental control tips for Spring allergies:

- Keep windows closed at home and in the car.
- Limit outdoor activities in the early morning when the pollen count is highest.
- Take evening showers and use saline nasal rinses to get rid of stuck on pollen.

If over the counter allergy medications are recommended, use them daily throughout the season and not only when your child has a bad allergy day. Having uncontrolled allergies can put your child at risk for sinus infections, ear infections, poor concentration at school, and can worsen asthma symptoms.

It is that time of the year again to schedule your child's well exam for Pre-K and Kindergarten.



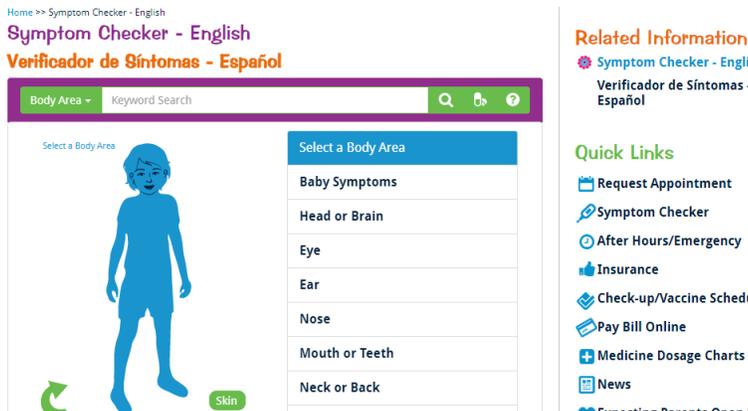
▶ Don't forget to request forms required for registration such as a 3231 (Immunization Form) and a 3300 (Ear, Eye and Dental Form).

If you are unsure if your child is due for a check-up, please ask one of our Patient Care Representatives to verify the date of his/her last yearly wellness exam.

Need quick advice when your child is sick or injured?

Check out our new Symptom Checker, an awesome new widget available on our website 24 hours a day. The Symptom Checker uses the same advice protocol that you receive from our telephone triage staff, and it is easy to use! Simply click on a body area or type in a symptom to receive helpful advice in managing your child's health. As always, you are welcome to call and speak to our phone triage staff during office hours.

This is what it looks like...check it out and let us know if it's helpful!



We would like to welcome our newest employee, Gypsy, a fully trained golden doodle. Her job is to provide support, love, and comfort to our patients and staff. Gypsy trained through Canine Assistants in Milton, GA where she graduated with honors as a certified therapy dog. Gypsy will be teaming up with Dr. Tolkman at our Crabapple and Old Milton locations. Be sure to say hi to Gypsy if you see her in the office.